

UCD Internal Coaches



If you would like guidance on selecting a coach, please contact peopledevelopment@ucd.ie

Mary Casey

RGN, RM, RNT, MSc. Med. Science (Nursing), PhD



Dr Mary Casey is currently Associate Dean for Taught Graduate and Continuous Professional Development Programmes at the UCD School of Nursing, Midwifery and Health Systems. She is a UCD graduate with a first class honours bachelor's degree in nursing and a master's degree in nursing and is a past recipient of the all Ireland PhD Nursing Scholarship and also the UCD President's Teaching and Learning

Scholarship Award in Education. She obtained a degree of Doctor of Philosophy (PhD) from the School of Business, University of Dublin, Trinity College, Dublin, in the subject of Organisation Development. She has also obtained a Professional Diploma in Business and Executive Coaching from the UCD Smurfit Business School in 2014 and has recently graduated from the Harvard Kennedy School on the Art and Practice of Leadership Development Executive Education Program

A registered nurse and midwife she has a background in senior nursing management, nursing and midwifery and children's nursing education and clinical nursing. Mary teaches on leadership, management, quality, managing change and action research and has published on such topics as clinical leadership, organisational partnerships, action research, organisational management issues and community health. She is an active member of the University Academic Council Committee on Assessment Appeals (ACCAA), the Academic Council Committee on Examinations (ACCE) and supervises Doctorate and PhD students.

Mary has a keen interest in human relations and in the areas of personal and professional development in the challenge of living life as inquiry.

Jacob Eisenberg



Jacob Eisenberg is a Senior Lecturer at the UCD Smurfit Graduate School of Business in Dublin, Ireland, where he has been teaching on the FT MBA (currently ranked by the Financial Times as 73rd in the world and 22nd in Europe), the Exec-MBA (ranked 94th in the world by the FT) and the CEMS MIM (ranked 5th in the world by the FT) programmes. Jacob earned his PhD in Social/Organizational Psychology at Colorado State University (USA) and his research and teaching interests are primarily related to Organisational Behaviour, Human Resource Management and Cross Cultural Management.

Jacob has lectured in several countries, including Canada, Cyprus, Denmark, Hong Kong, Hungary, Israel, Austria, Singapore and USA. Jacob's achievements as a lecturer were recognised when he received in 2007 the UCD School of Business Best Graduate Teaching Award.

Jacob has worked on training and consulting projects with both public and private organisations, including IBM, ICON, Microsoft, Irish Prime Minister's office, senior personnel in the Dept. of Jobs, Enterprise & Innovation Ireland and the UN. He has supervised numerous graduate student teams who delivered consulting projects for various multinationals including IBM, Henkel, Oracle, HP, McDonalds, Salesforce and Accenture.

Combining his long-time interest in organisational psychology and human development, Jacob completed the Professional Diploma in Business & Executive Coaching at the Smurfit Graduate School. During his training, Jacob accumulated close to 100 client hours, working with a dozen clients who hold senior positions in public and private organisations and come from diverse national backgrounds.

Jacob's coaching approach is influenced by his professional background in psychology and organisational behaviour as well as by his cross-cultural experiences and self-development. Jacob combines a supportive and developmentally challenging approach to coaching, emphasising authentic exploration and integrating

principles from mindfulness and self-awareness, which he learned through engaging with practices such as Aikido and meditation.

Jacob has held several high-profile leadership positions, recently finishing a term as Academic Director of the MSc Business Programmes in UCD, the university's largest Masters program, which includes 10 different Masters programmes and about 650 students. In the international arena, Jacob is an active member of the Academy of Management, a professional association with 20,000 members from 115 countries, where he served as Chair of the All-Academy International Theme Committee (ITC) and as Chair of the Management Education & Development Division (MED), one of Academy's ten largest divisions with over 1,800 members. Among other roles, he served as Chair of the Cross-Cultural Management Faculty Group at the CEMS Global Alliance, coordinating the work of colleagues from over dozen countries.

Jacob has been regularly presenting his work in leading international conferences with several award-winning symposia; his research appeared in several journals including Creativity Research Journal, Journal of Cross-Cultural Psychology, Academy of Management Learning & Education and J. of Management Information Systems. He authored several chapters in books published by leading publishers such as Elsevier and Sage and served as Editor in Chief for the top-ranked Academy of Management Learning & Education Journal 2013 Special Issue on Cross-Cultural Management Education & Learning.

Aoife MacGabhann



Aoife MacGabhann has been working for UCD for the past 12 years and currently works in HR as the HR Operations and Systems Manager. Aoife began her career in Intel Ireland on their HR graduate programme over twenty years ago. She moved through various roles at Intel and was an international trainer during her last three years, which involved working across international locations and multicultural teams. She subsequently joined KPMG Consultancy (now trading as BearingPoint) for ten years in a senior management level. Aoife was involved in many diverse and challenging projects, ranging from system implementations to large change management projects.

Aoife has a Bachelor of Business Studies and French from the University of Limerick and an MSC in Strategic HR Management from Sheffield Hallam University. She has recently completed the Diploma in Business & Executive Coaching at UCD Smurfit Business School.

Aoife has completed over 100 hours of coaching covering an array of areas such as Professional Services, Public Sector, Education and Technology. Aoife is passionate about developing people towards a meaningful way of working and has a style that is unbiased and pragmatic. Aoife's approach is to create awareness allowing space to consider multiple perspectives, thereby facilitating one's insight, potential and capacity.

Martin McNamara



Martin has thirty years' experience of working in the health and higher education sectors, and has been at UCD for fifteen years with the last five years spent as Head of the School of Nursing, Midwifery and Health Systems. He traces his interest in coaching to his initial training as a mental health nurse during which he came to value the importance of interpersonal relationships in supporting personal growth and change. Another influence was his experience of mentoring students in the health service over many years and observing the mutually beneficial outcomes of good mentoring in terms of personal and professional support and development.

More recently, however, it is his research into, and, most importantly, his lived experience of leadership and of organisational change and development that motivated him to explore coaching in more depth. Having been the initially sceptical recipient of leadership and team coaching, he came to value its contribution in increasing insight and resilience, particularly in organisational contexts that could be more supportive of their staff. Consequently, he undertook the Professional Diploma in Business and Executive Coaching at the Smurfit Business School and also qualified as a Certified Analytic-Network Coach under Simon Western.

Simon advocates an emancipatory, ethical and critical approach to coaching, emphasizing its progressive and transformative potential – a view that resonates strongly with Martin's own beliefs, values and experience. Simon also has some interesting views on leadership in contemporary organisations, championing the idea of 'eco-leadership', characterised by connectivity and interdependence, social responsibility, creativity and organisational belonging. Along with Heifetz's work on adaptive leadership and Oshry's on organisational dynamics, Western's work informs Martin's coaching practice which contextualises the person and aims to increase self and organisational awareness by facilitating the exploration of the interactions between self, others and wider organisational and social contexts.

Agnieszka King



Agnieszka King

Agnieszka is an experienced business coach who has been involved in the educational sector for almost 20 years. She started as a primary level teacher progressing through her career to the role of International Programme Manager in UCD China Joint Colleges. She has worked for University College Dublin since 2007, leading a number of successful academic programmes including Master of Engineering Management, MSc in Business and the UCD Smurfit Executive Development Department the Executive Coaching Diploma's. More recently she has managed the prestigious, internationally recognised Smurfit Full-time MBA. Agnieszka has also been involved in managing the Smurfit MBA Leadership and Development programme and facilitated MBA team coaching sessions. During her time as a leader in education, both in the classroom and outside, Agnieszka has been privileged to have had the opportunity to shape and change many lives. Agnieszka's coaching mission is to encourage all with whom she works to be the best that they can be and to challenge them to reach new levels. Agnieszka sees the coaching of others outside the formal education system as a natural development of her own work. Currently she focuses her time and energy providing executive coaching, leadership development and change management solutions, to individuals and organisations. Internal Coaches – March 2020 COACHING EXPERIENCE: Agnieszka has worked on change management, conflict, cross cultural awareness, diversity, and inclusion coaching assignments with senior management, teams and at an individual level, in Financial Services, Telecoms, Professional Services, Engineering, Not-For-Profit, Pharmaceutical, Catering, Health and Education sectors. She has experience working with people in both the private and public sectors. Her experience using an extended range of psychometric tools in coaching sessions, offers greater value when supporting her clients in developing and improving their self-awareness. Agnieszka is a member of the UCD Internal coaching panel, supporting personal and professional development of her international colleagues.

ACADEMIC EDUCATION:

2019: Professional Diploma in Business and Executive Coaching, Smurfit Executive Development

2013: MSc in Management, UCD Michael Smurfit Graduate Business School

2005: MA in International Relations, Lodz Academy of International Studies

2003: BA in English, Teacher Training College, University of Lodz